

OLD BRIDGE

Arena

Department of Parks, Recreation & Social Services

(732) 607-7971

SCHEDULE OF PUBLIC SESSIONS

Sunday	1:30 pm - 4:15 pm	Public Session
Monday	1:00 pm - 2:30 pm	Adults Only**
	3:45 pm - 6:00 pm	Public Session
Tuesday	11:30 am - 1:45 pm	Adult Open Hockey**
before 11/24/2009	3:30 pm - 5:30 pm	Public Session
after 11/24/2009	4:30 pm - 5:30 pm	Freestyle
Wednesday		
before 11/25/2009	2:00 pm - 4:45 pm	Public Session
before 11/25/2009	5:00 pm - 6:00 pm	Freestyle
Thursday	9:30 am - 11:30 am	Public Session
	11:45 am - 1:45 pm	Adult Open Hockey**
Friday	2:00 pm - 5:00 pm	Public Session
	8:30 pm - 10:30 pm	Public Session
	10:45 pm - 12:00 am	Adult Open Hockey
Saturday	10:00 am - 1:00 pm	Public Session
	8:30 pm - 10:30 pm	Public Session
(Ages 13 - 17)	10:45 pm - 12:00 am	Teen Open Hockey

Morning Sessions:

All Old Bridge School Holidays:

9:30 am - 12:30 pm Public Session

**A special public session will be offered on Mondays from 1:00 pm - 3:00 pm and on Thursdays from 1:30 pm - 4:30 pm during Old Bridge school holidays.

** Not Available during Old Bridge Public School Holidays

** There will be no Tuesday / Thursday adult open hockey or Monday adults only session during Old Bridge school holidays.

SKATE RENTAL: \$5.00

Opening Date: Monday October 5, 2009

Closing Date: Thursday, April 1, 2010

ADMISSION

<u>Age</u>	<u>Resident/ with ID card</u>	<u>Non-Resident</u>
Child (13 & under)	\$4.00	\$5.00
Student (14 - 17)	\$5.00	\$6.00
Adult (18 & Over)	\$6.00	\$8.00

Ice Arena Party Packages

Ice skating party packages are available at the Old Bridge Sports Arena from October through March during any public skating session. The cost is \$20.00 per person which includes admission, skate rental if needed, exclusive use of the party room, a slice of pizza, a pretzel, soda and 5 game room tokens. There is a 10 child minimum and a \$50.00 non-refundable deposit to hold a date.

Youth Instructional Hockey

Instructional Ice Hockey

Fee: \$300.00 Resident, \$350.00 Non-Residents

Sunday

October 4 - December 20

4:30 - 5:45 pm

Learn all the fundamentals of playing ice hockey while having fun. Emphasis will be placed on skating, stick handling, passing and shooting. Full equipment is required. Note: please have new skates sharpened prior to the start of the program. Straight blade sticks preferred.

Ages 5 - 9 years old

Coordinator: Robert Sullo

Fall Ice Skating Lessons

MONDAY

October 5th ~ November 23rd

CODE	TIME	DESCRIPTION
206203-A	4:00 pm	Grades 2-5 Pre Alpha
206301-A	4:00 pm	All Grades Alpha
206301-B	4:30 pm	All Grades Alpha
206202-A	4:30 pm	Grades K-1 Pre Alpha
206401-A	4:30 pm	All Grades Beta
206705-A	5:00 pm	Freestyle #1-2
206204-A	5:00 pm	Pre-Alpha Yth 9 & up
206301-C	5:30 pm	All Grades Alpha
206401-B	5:30 pm	All Grades Beta

TUESDAY

September 29th ~ November 17th

CODE	TIME	DESCRIPTION
206102-A	3:30 pm	Beginner Tots
206202-B	4:00 pm	Grades K-1 Pre Alpha
206203-B	4:30 pm	Grades 2-5 Pre Alpha
206301-D	5:00 pm	All Grades Alpha
206501-A	5:00 pm	All Grades Gamma

WEDNESDAY

September 30th ~ November 18th

CODE	TIME	DESCRIPTION
206102-B	2:15 pm	Beginner Tots
206203-C	3:45 pm	Grades 2-5 Pre Alpha
206301-E	3:45 pm	All Grades Alpha
206401-C	4:15pm	All Grades Beta
206202-C	4:15pm	Grades K-1 Pre Alpha

THURSDAY

October 1st ~ November 19th

CODE	TIME	DESCRIPTION
206102-C	10:30 am	Beginner Tots
206102-D	2:30 pm	Beginner Tots
206103-A	2:30 pm	Advanced Tots
206202-D	4:00 pm	Grades K-1 Pre Alpha
206203-D	4:00 pm	Grades 2-5 Pre Alpha
206301-F	4:00 pm	All Grades Alpha

THURSDAY CONTINUED

206601-A	4:00 pm	All Grades Delta
206202-E	4:30 pm	Grades K-1 Pre Alpha
206203-E	4:30 pm	Grades 2-5 Pre Alpha
206401-D	4:30 pm	All Grades Beta
206501-B	4:30 pm	All Grades Gamma
206204-B	5:00 pm	Pre Alpha Yth 9 & up
206202-F	5:00 pm	Grades K-1 Pre Alpha
206203-F	5:00 pm	Grades 2-5 Pre Alpha
206301-G	5:00 pm	All Grades Alpha
206705-B	5:00 pm	Freestyle #1 & #2
206703-A	5:00 pm	Freestyle #3-4

FRIDAY

October 2nd ~ November 20th

CODE	TIME	DESCRIPTION
206601-B	4:00 pm	All Grades Delta
206501-C	4:00 pm	All Grades Gamma
206705-C	4:30 pm	Freestyle #1-2
206703-B	4:30 pm	Freestyle #3-4
206704-A	4:30 pm	Freestyle #5-6

SATURDAY

October 10th ~ December 5th

CODE	TIME	DESCRIPTION
206301-H	10:00 am	All Grades Alpha
206204-C	10:00 am	Pre Alpha Youth (9 yrs. & up)
206205-A	10:00 am	Beginner Adult
206102-E	10:30 am	Beginner Tots
206103-B	10:30 am	Advanced Tots
206206-A	10:30 am	Advanced Adult
206202-G	11:00 am	Grades K-1 Pre Alpha
206203-G	11:00 am	Grades 2-5 Pre Alpha
206202-H	11:30 am	Grades K-1 Pre Alpha
206301-I	11:30 am	All Grades Alpha
206401-E	11:30 am	All Grades Beta
206601-C	12:15 pm	All Grades Delta
206501-D	12:15 pm	All Grades Gamma
206203-H	12:15 pm	Grades 2-5 Pre Alpha

No Classes: 11/28/2009

A one time 15 minute starter lesson is required for anyone who has not skated in our programs before. The cost is \$10.00 + \$1.00 administration fee. Admission fee and skate rental not included. The code for this is 206101-A

(All starter lessons must be accompanied by a group lesson)

SKATING NOTES

1. Classes always begin promptly at your scheduled time. Allow time for traffic and putting on your skates, etc.
2. You are expected to remain in class for the full ½ hour, except for emergencies.
3. Should you have a problem with your skates, etc., please talk to your instructor or Skating Coordinator.
4. Should a student not be in the proper class level, please discuss the problem with the Skating Coordinator. If necessary, the instructor or Skating Coordinator will test the student and will decide the most suitable class. Their decision is final.
5. Our lessons (½ hour) are given during public sessions which are at least 1 ½ hours in duration. It is important for the student to use this time to practice. Remember, the more practice, the quicker the progress.
6. Beginners are to meet for the first class off the ice at the benches outside the lobby doors for skates & equipment check. Participants are to meet with their instructor at the appointed time on the ice for the subsequent classes. Classes will not always be announced. **Parents are required to observe lessons from the lobby and will not be allowed along sideboards.**
7. For inclement weather that may cancel classes, please call the Arena (732) 607-7971 to hear a taped message.
8. **No refunds or make-ups for missed classes without a medical excuse. No refunds once registered without a doctor's note.**
9. The Arena reserves the right to cancel any classes due to low registration numbers.

STARTER LESSON INFORMATION (OFFERED TO THOSE JOINING GROUP LESSONS ONLY)

What is a Starter Lesson?:

A starter lesson is a 15 minute one-on-one instruction that is **mandatory** for any participant that has **never** been on skates before.

All starter lessons must be completed before the start of group lessons.

Purposes of a Starter Lesson:

The new skater will learn:

How skates should fit; how to tie them properly; how to walk on and off the ice in their skates; how to fall and get up; and, how to balance and walk to their first class. If this is not accomplished, another lesson is recommended.

Starter Lesson Registration:

Fee: \$10.00 + \$1.00 (admin. fee) (**NOT including Admission Fee into Arena or Skate Rental**). *Select most convenient time and day on line and our ice skating coordinator will contact you with your appointment.*

Registration: On-line beginning 9/16/2009 at 6:00 pm for fall lessons and 12/7/09 at 6:00 pm for winter lessons.

BASIC SKILLS REQUIREMENT FOR EACH LEVEL

ISI Basic Skills Tests which must be passed to advance to the next level: (Pre Alpha is equivalent to Beginner)

Tot 1 (Age 4 & 5 Pre-K) 1. Stand 2. How to Fall 3. How to Get Up 4. March Standing Still 5. March While Moving	Tot 2 (Age 4 & 5 Pre-K) 1. Two-Foot Jump in Place Standing 2. Forward Swizzle Standing Still 3. Single Swizzle 4. Beginning Two-Foot Glide	Tot 3 (Age 4 & 5 Pre-K) 1. Push and Glide Stroking 2. Prep for Snowplow Stop 3. Teapot (Dip) 4. Forward Swizzle	Tot 4 (Age 4 & 5 Pre-K) 1. T-Position and Push R&L 2. Backward Swizzle 3. 2 or 1 Foot Snow Plow Stop 4. Backward Wiggle	Pre-Alpha (Beginner) 1. Two Foot Glide 2. One Foot Glide R & L 3. Forward Swizzle 4. Backward Wiggle 5. Backward Swizzle
Alpha 1. Forward Stroking 2. Forward Crossovers R over L, L over R 3. One Foot Snow Plow Stop	Beta 1. Backward Stroking 2. Backward Crossovers R over L, L over R 3. T-Stops, R & L	Gamma 1. Forward Outside 3-turns R & L 2. Forward Inside Mohawk 3. Hockey Stop	Delta 1. Forward Inside 3-Turns R & L 2. Forward Outside & Inside Edges 3. Bunny Hop 4. Lunge or Shoot the Duck	Freestyle 1. Tests 1-10 2. Maneuvers 3. Music Program

On-line Registration: Does not require you to show a progress report; however if your child did not pass the previous class and we cannot find availability in the class your child should be registered in **NO REFUNDS WILL BE GRANTED**

Admission Rates for 2009/20010

Age	Resident/ with ID card	Non-Resident
Child (13 & under)	\$4.00	\$5.00
Student (14 - 17)	\$5.00	\$6.00
Adult (18 & Over)	\$6.00	\$8.00

Skate Rental: \$5.00

Biannual I.D. cards are available at the arena during any public session from Sunday through Friday nights. One card per resident.

FRIDAY EVENING PROGRAMS
No Rink Admission for these classes on Friday
October 2nd ~ November 20th

206801-A 5:15 pm - 5:45 pm **Stroking Class for Freestyle # 2 & up**
A class to develop smooth skating style, stamina & agility. **Fee - Res. \$45/ Non-Res. \$50**

206802-A 5:45 pm - 6:30 pm **Program Class for Freestyle #2 and up**
A class to teach individual programs to music which can be useful in preparation for competition, tests, or for personal pleasure. **Fee - Res \$55/ Non-Res. \$60**

206803-A 7:00 pm - 7:30 pm **Stroking class for Alpha, Beta, Gamma, Delta & Freestyle #1**
A class to develop smooth skating style, stamina and agility. **Fee - Res \$45/ Non-Res. \$50**

206804-A 7:30 pm - 8:15 pm **Program Class for Alpha, Beta, Gamma, Delta & Freestyle #1**
A class to teach individual programs to music which can be useful in preparation for competition, tests, or for personal pleasure. **Fee - Res \$55/ Non-Res. \$60**

Holiday Show Program

206805-A 6:30 pm - 7:00 pm **Fee: Child: Res. \$40/ Non-Res. \$50**

206805-B 6:30 pm - 7:00 pm **Fee: Adult: Res. \$40/ Non-Res. \$50**

A class for all who are registered in any of this sessions classes. Show on Friday 12/11/09 Items for costumes and professional audio tapes are required at additional costs.

Basic Skating Program - Tots to Adult

Tots Beginner: Age 4 - No Previous Lessons

Tots Advanced: Age 4 - Passed Tots Beginner

Pre Alpha: No previous lessons/or had previous lessons but has not passed Pre Alpha (ages 5 and up)

Alpha: Passed Pre Alpha. After passing Alpha, the next levels are Beta, Gamma, Delta & Freestyle

Admission must be paid every week. Skate Rental is available. Please bring small bills as our cashier can't always break \$20s and \$10s

Private ice skating lessons are available please contact our skating coordinator at, 732-721-5600 x 4017 if you are interested.

ICE LESSON FEES:

(DOES NOT INCLUDE ADMISSION OR SKATE RENTAL)

CHILDREN: \$40 Residents/\$50 Non-residents

ADULTS: \$40 Residents/\$50 Non-residents

THURSDAY 2:00 pm - 5:30 pm open to Thursday Lesson Students ONLY

Fall Arena Registration Begins On-line September 16, 2009 – 6:00pm

You Cannot Register for Winter Classes until December 7, 2009

When registering for starter lessons you will be prompted to enter your date and time preference from the following:

Saturday, September 26th: from 10:00am to 2:00pm;

Sunday, September 27th: from 10:00am to 2:00pm;

Monday, September 21st: from 2:00pm to 6:00pm;

Tuesday, September 22nd: from 2:00pm to 5:00pm;

Wednesday, September 23rd: from 2:00pm to 6:00pm;

Thursday, September 24th: from 2:00pm to 5:00pm;

Friday, September 25th: from 2:00pm to 6:00pm;

Our Skating Coordinator will call you with your exact appointment. Please be sure your appointment is confirmed before September 20th or your lesson will be forfeited.

Winter Ice Skating Lessons

MONDAY

January 11th ~ March 15th

CODE	TIME	DESCRIPTION
206203-A	4:00 pm	Grades 2-5 Pre Alpha
206301-A	4:00 pm	All Grades Alpha
206301-B	4:30 pm	All Grades Alpha
206202-A	4:30 pm	Grades K-1 Pre Alpha
206401-A	4:30 pm	All Grades Beta
206705-A	5:00 pm	Freestyle #1-2
206204-A	5:00 pm	Pre-Alpha Yth 9 & up
206301-C	5:30 pm	All Grades Alpha
206401-B	5:30 pm	All Grades Beta

THURSDAY

January 14th ~ March 4th

CODE	TIME	DESCRIPTION
206102-B	10:30 am	Beginner Tots
206103-B	10:30 am	Advanced Tots
206102-C	2:30 pm	Beginner Tots
206103-C	2:30 pm	Advanced Tots
206202-C	4:00 pm	Grades K-1 Pre Alpha
206203-C	4:00 pm	Grades 2-5 Pre Alpha
206301-E	4:00 pm	All Grades Alpha
206601-A	4:00 pm	All Grades Delta
206202-D	4:30 pm	Grades K-1 Pre Alpha
206203-D	4:30 pm	Grades 2-5 Pre Alpha
206401-D	4:30 pm	All Grades Beta
206501-B	4:30 pm	All Grades Gamma
206204-B	5:00 pm	Pre Alpha Yth 9 & up
206202-E	5:00 pm	Grades K-1 Pre Alpha
206203-E	5:00 pm	Grades 2-5 Pre Alpha
206301-F	5:00 pm	All Grades Alpha
206705-B	5:00 pm	Freestyle #1 & #2
206703-A	5:00 pm	Freestyle #3-4

FRIDAY

January 15th ~ March 5th

CODE	TIME	DESCRIPTION
206601-B	4:00 pm	All Grades Delta
206501-C	4:00 pm	All Grades Gamma
206705-C	4:30 pm	Freestyle #1-2
206703-B	4:30 pm	Freestyle #3-4
206704-A	4:30 pm	Freestyle #5-6

SATURDAY

January 9th ~ February 27th

CODE	TIME	DESCRIPTION
206301-G	10:00 am	All Grades Alpha
206204-C	10:00 am	Pre Alpha Youth (9 yrs. & up)
206205-A	10:00 am	Beginner Adult
206102-D	10:30 am	Beginner Tots
206103-D	10:30 am	Advanced Tots
206206-A	10:30 am	Advanced Adult
206202-F	11:00 am	Grades K-1 Pre Alpha
206203-F	11:00 am	Grades 2-5 Pre Alpha
206202-G	11:30 am	Grades K-1 Pre Alpha
206301-H	11:30 am	All Grades Alpha
206401-E	11:30 am	All Grades Beta
206601-C	12:15 pm	All Grades Delta
206501-D	12:15 pm	All Grades Gamma
206203-G	12:15 pm	Grades 2-5 Pre Alpha

No Classes: 1/18, 2/15

A one time 15 minute starter lesson is required for anyone who has not skated in our programs before. The cost is \$10.00 + \$1.00 administration fee. Admission fee and skate rental not included. The code for this is 206101-A (All starter lessons must be accompanied by a group lesson)

