Old Bridge Township Recreation Brochure

Old Bridge Recreation
1 Old Bridge Plaza, Old Bridge NJ 08879
Call us: 732-721-5600 ext 4999
www.oldbridge.com/recreation

Fall Begins
October 12th
Recreation Department
Information

Matthew Mercurio, Director of Parks, Recreation & Social Services
Phone (732)-721-5600 ext 7913
Email: Mmercurio@oldbridge.com

Lisa Valsera, Deputy Director of Parks & Recreation
Phone (732)-721-5600 ext 4010
Email: lvalsera@oldbridge.com

Brianne McManus, Program Supervisor
Phone (732)721-5600 ext 4020
Email: Bmcmanus@oldbridge.com

Pete Pero, Camp R.O.B.I.N Coordinator
Phone (732)607-7968 x 4061
Email: PPero@oldbridge.com

Karen Tortorici, Municipal Alliance Coordinator
Phone (732)721-5600 ext 4022
Email: kstortor@oldbridge.com

~ IMPORTANT INFORMATION ~

Registration deadline for programs is one week prior to the start of the program.
The Recreation Department reserves the right to cancel a class for which there is insufficient registration or for any other reason that prevents the presentation of the subject in an acceptable manner.

Resident & Tennis Registration will be September 15th 6pm.
Non-Resident & Ice Skating will be September 22nd 6pm.

The Parks & Recreation Department maintains a NO-REFUND policy (exceptions will be made for medical reasons, in which case a doctor’s note must accompany a written request).
Notes Regarding Programs

• All Programs will be held in the Civic Center unless otherwise noted
• All special needs programs will be held in the R.O.B.I.N. building at Geick Park off of Route 516, unless otherwise noted.
• All fees are used to offset the cost of the programs.
• All fees are listed next to the program for which they are intended and are payable at the time of registration.
• For room locations please see the building supervisor or the Recreation Department.
• The Civic Center will be closed on 11/11, 11/26, 11/27, 12/25
• All unscheduled closings due to inclement weather will be announced on www.oldbridge.com or Old Bridge TV 15.
• For information regarding programs or department activities, please contact the Parks and Recreation Department at 721-5600 ext. 4999.
• New program ideas are always welcomed. Please contact the Recreation Department with any thoughts.

Department of Parks, Recreation and Social Services Policies

• Individuals who qualify as Old Bridge Residents are those who reside in Old Bridge Township. All other individuals are considered non-residents and must follow non-resident registration dates.
• Old Bridge residents are given registration priority for all programs listed in this brochure with the exception of tennis & ice arena programs. Non-residents may register on a space available basis. Proof of residency is required at the time of household creation in our system.
• The Parks and Recreation department maintains a no refund policy. The only exception to this is for a medical reason and must be accompanied by a doctors note.
• For all programs, a copy of the child’s birth certificate is necessary at the time of household creation. This policy is also required if you have never participated in a program before or to add a new child to an existing household account.
• All age requirements should be met by the first day of class, except where otherwise noted. Registrations which do not meet age requirements by the first day of class will not be accepted. Exceptions may be made however will be determined on a case by case basis.
• The Recreation Department reserves the right to cancel any program due to low registration numbers. In the event of this happening, the participants will be notified and offered the option of enrolling in another available class or receiving a refund.
• No unregistered persons are allowed in the classroom while programs are running. This includes, but is not limited to, children of adult participants and siblings.
• Only individuals classified by a child study team are eligible for participation in R.O.B.I.N. programs.
• On-line registration is available for participants of our recreation programs, please take advantage of this opportunity as openings in classes fill quickly.
The following document will outline plans for Old Bridge Parks & Recreation Programs

in accordance with the NJ DOH guidelines.

- If you, your child or anyone in your household are experiencing any symptoms- PLEASE stay home.
- If you, your child or anyone you have been in contact within the past 14 days has COVID please stay home.
- Prior to any program starting the bathrooms and all public areas will be professionally cleaned and sanitized
- **Temperature Screening**- Upon arrival to class, if you are an employee, student or parent you will be required to have your temperature taken prior to entering the building.
  - All required parties will check in at the front door upon arrival.
  - A designated OBP&R staff member will be present to take your temperature.
  - An initial temperature will be taken with an infrared no touch thermometer.
    - If the reading is less than 100.4 you will receive a stamp on your hand to show you have been screened.
    - If the initial reading comes back with 100.4 or higher a second temperature will be taken after 5 minutes as it may higher due to activities preformed just prior to entering the building. If the reading is less than 100.4 you will have your hand stamped.
    - If after both temperature checks have been performed and they are both over 100.4 you will be asked to exit the property until such time as your temperature is below 100.4 for 24 hours.
- Individuals shall remain 6 feet apart whenever possible.
  - All program classes shall be spaced far enough apart to ensure class 1 has completely exited the building prior to the arrival of class 2. **This means participants must arrive at class time, fully dressed and ready to participate no one will be permitted to arrive more than 5 minutes early.**
  - Parents will not be permitted to stay and watch any class or remain in the building, however you must remain diligent and pick up your child at the end of class time and not any later.
  - Everyone must arrive wearing a mask, depending on the class you may be required to wear the mask the entire time you are in program. IE: Art class would be required to wear your mask throughout the entire class, while dance class participants can take them off while dancing.
  - Everyone must remain socially distanced at all times possible.
  - There will be no sharing of drinks, everyone must bring their own water and drinks.
  - Equipment should not be shared; all players should use their own equipment.
  - Township will post signage around the building reminding parents, children and staff of social distancing requirements.
  - Additional sanitizer stations will be set up throughout the building.
  - Bathrooms, tables, countertops, equipment and any other high touch areas will frequently be sanitized.
  - There is to be no handshakes, or any other close-contact activities.
REGISTRATION INFORMATION

WWW.OLDBRIDGE.COM

If this is the first time registering for an account with us we will need to verify your household information and approve your account so the system can generate you a log-in and password for you to access your account.

You can call our office at:
732-721-5600 ext. 4999
Monday - Friday 8:30 am - 5:00 pm
with any questions

You may use the guest option to browse class information without creating an account.
If you have never registered with us before, you will have to set up a household on-line and provide the recreation department with proof of residency as well as proof of age for each participant. This can be done via e-mail, fax or mail. (See instructions on the back inside cover).

It is necessary for New Camp Robin participants to supply a copy of the child’s current IEP.

On-Line Registration will begin on September 15, 2020 at 6:00 pm

All classes are held at the Old Bridge Civic Center unless otherwise noted.

There will be NO In-Person Registrations

Important Dates to Remember:
On-Line Registration begins with September 15, 6:00 pm
Both resident and non-residents can begin registration for Tennis Lessons beginning September 15, 6:00 pm.

NON-RESIDENT REGISTRATION: Non-residents may register for the township recreation programs beginning Monday, September 22, 2020.

Both resident and non-residents can begin registration for Arena (ice skating programs) beginning September 22, 6:00 pm.

WAIT LIST INFORMATION: You are able to register for a waitlist, at no charge, if your class of choice is full.

Please look at individual Class sections for start dates.
Youth Sports Leagues

If you would like to obtain information regarding any particular sports league, please feel free to use the numbers listed below. The contact name will be able to provide you with any information regarding the league, i.e. registration dates, fees, age

Youth Baseball/Softball Leagues

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheesequake Baseball/ Softball Assn.</td>
<td>President 732-390-1140</td>
</tr>
<tr>
<td>Madison Park Girls Softball</td>
<td>President 732-290-7599</td>
</tr>
<tr>
<td>Old Bridge Little League</td>
<td>President 732-257-4252</td>
</tr>
<tr>
<td>Fall Ball</td>
<td>President 732-433-0198</td>
</tr>
<tr>
<td>Sayrewood South Little League</td>
<td>President 732-679-6500</td>
</tr>
</tbody>
</table>

Youth Basketball Leagues

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Bridge Basketball Assn.</td>
<td>Patrick Norero 732-952-5757</td>
</tr>
</tbody>
</table>

Youth Football Leagues

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Bridge Cougars</td>
<td>Ken Silvestri 732-598-5427</td>
</tr>
<tr>
<td>Sayrewood South Rebels</td>
<td>President 732-679-4875</td>
</tr>
</tbody>
</table>

Youth Ice Hockey

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Bridge Junior Knights</td>
<td>Dave Shafer, Coordinator <a href="mailto:kimmyshaf@verizon.net">kimmyshaf@verizon.net</a></td>
</tr>
</tbody>
</table>

Youth Soccer Leagues

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Bridge Boy’s Soccer League</td>
<td>Kathleen Murawski 732-591-8580</td>
</tr>
<tr>
<td>Old Bridge Girls Soccer League</td>
<td>Pete Micciulla 732-583-4099</td>
</tr>
</tbody>
</table>

Youth Lacrosse

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Bridge Lacrosse</td>
<td>Andrew Boriello 732-890-0601</td>
</tr>
</tbody>
</table>

Wrestling

<table>
<thead>
<tr>
<th>League</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Bridge Mat Rat Wrestling</td>
<td>Janos Sagi <a href="mailto:obmatrats@gmail.com">obmatrats@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:jesagi77@gmail.com">jesagi77@gmail.com</a></td>
</tr>
</tbody>
</table>
# Parks & Open Space

<table>
<thead>
<tr>
<th>Park Name</th>
<th>Acres</th>
<th>Location</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pension Road Park</td>
<td>6.2</td>
<td>Raceway Place</td>
<td>Soccer Field. Rec. Center, 2 lighted softball fields, lighted youth baseball field, 2 lighted basketball courts, tennis &amp; handball courts, playground area, soccer field and walking trails.</td>
</tr>
<tr>
<td>Veteran’s Park</td>
<td>33</td>
<td>Englishtown Road</td>
<td>Rec. Center, 2 lighted softball fields, lighted youth baseball field, 2 lighted basketball courts, tennis &amp; handball courts, playground area, soccer field and walking trails.</td>
</tr>
<tr>
<td>South Old Bridge</td>
<td></td>
<td></td>
<td>Small field, recreation bldg., small playground</td>
</tr>
<tr>
<td>Community Center</td>
<td></td>
<td></td>
<td>Little League Baseball Complex.</td>
</tr>
<tr>
<td>Higgins Road Park</td>
<td>4.4</td>
<td>Higgins Road</td>
<td>2 regulation soccer fields, 1 smaller soccer field, concession/restroom building.</td>
</tr>
<tr>
<td>Ticetown Road Park</td>
<td>9.72</td>
<td>Ticetown Road</td>
<td>3 regulation soccer fields, 1 smaller field, concession/restroom building.</td>
</tr>
<tr>
<td>Central Park</td>
<td>.44</td>
<td>Euclid and Washington Road</td>
<td>2 basketball courts, playground area</td>
</tr>
<tr>
<td>Pauls Beach</td>
<td>6.69</td>
<td>Route 35</td>
<td>Cheesequake Creek, Police Substation</td>
</tr>
<tr>
<td>Raritan Bayfront Pk.</td>
<td>11.98</td>
<td>Route 35</td>
<td>Laurence Parkway Recreation Center Restrooms, boardwalk, lighted basketball court, handball court, playground equip. &amp; fishing jetties.</td>
</tr>
<tr>
<td>Laurence Hbr. Beach</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seidler’s Beach</td>
<td>1.2</td>
<td>Undeveloped.</td>
<td></td>
</tr>
<tr>
<td>Geick Park</td>
<td>40</td>
<td>Route 516</td>
<td>3 lighted baseball/softball fields, 2 lighted soccer/lacrosse turf field, restrooms, storage/ concession bldg., tot lots, fitness/jogging trail, boccie &amp; shuffle board courts, sensory garden, Camp ROBIN bldg, lighted basketball courts, sand volleyball courts, picnic grove and playground.</td>
</tr>
<tr>
<td>Rose Farm</td>
<td>138</td>
<td>Lamberston Road</td>
<td>Open space for future recreation.</td>
</tr>
<tr>
<td>Laurence Harbor</td>
<td></td>
<td>Laurence Harbor Pky.</td>
<td>Community Center closed</td>
</tr>
</tbody>
</table>
Old Bridge Township Council

Council President, Mary Sohor At-Large
Council Vice President, Debbie Walker At-Large
At-Large, Anita Greenberg-Belli
Ward 1, David Merwin
Ward 2, Erik DePalma
Ward 3, Edina Brown
Ward 4, Mark Razzoli
Ward 5, Anthony Paskitti
Ward 6: John Murphy

Recreation Advisory Committee

Nick Botte  
Craig Brown  
Brian Burns  
Issac Crosson  
Thomas Colaiacova Jr  
Motaz Diab  
Sam Ferraro  

Thomas Galante  
Nanette Gallagher  
Denis Kilduff  
Laura Lovallo  
John Metzger  
Frank Santoro  
Tony Tannucilli
To set up a new household...

go to www.oldbridge.com and click recreation registration...

Click Sign in... then new account

Complete with Parent/Guardian information

You then must fax or email copies of the children’s birth certificates and your proof of residency to the recreation department.

WE will add the children and approve your account.

Fax: 732-607-4833 Email: recreation@oldbridge.com

For Questions call: 732-721-5600 x 4999

Once your account has been approved you will receive an email verification.
Drive In Movie Nights

OLD BRIDGE HIGH SCHOOL PARKING LOT

Online Registration Sept. 8 • 9:00 AM

Movie starts at approx. 7:00 PM
Must arrive between 5:00 PM-6:45 PM
Must stay within footprint of your vehicle
Registration required and verified upon arrival
Old Bridge residents only
Registration limited to one movie
Limited spots available

September 23rd 732-721-5600 x4999 • recreation@oldbridge.com October 7th
(rain date Sept. 24th)

October 7th 732-721-5600 x4999 • recreation@oldbridge.com October 8th
(rain date October 8th)
Pumpkin Carving Contest & Display

Pumpkin Drop off 10/29 12-5pm Old Bridge Civic Center
See additional Rules for details

Pumpkin Drive Through Display 10/30 6-8pm
Rain Date 10/31 6-8pm
Old Bridge Municipal Complex

Bring non perishable food items.
Every can or item gets you a chance to win a prize.
Food Drive Runs 10/30-11/13.
Donations can be dropped off at the municipal center.
Please make sure the cans are labeled clearly with your name.
Old Bridge Recreation
2020 Pumpkin
Carving Contest
Official Rules

Registration can be done via phone 732-721-5600 x 4020
Or Via Etrak Registration System
LOCATION & TIME: Pumpkin Drop off 10/29 12-5pm.
Drive through Display 10/30 6-8pm

- ALL CONTESTANTS MUST REGISTER YOUR PUMPKIN BEFORE 10/23.
- PUMPKINS MUST BE CARVED & FINISHED AT HOME & BROUGHT TO
  REGISTRATION SITE COMPLETED.
- PUMPKINS MUST BE NO LARGER THEN 2’X2’X2’.
- PUMPKINS MUST BE ON A BOARD OR IN A BOX UPON DROP OFF.
- CARVING SUBJECTS DEEMED INAPPROPRIATE WILL NOT BE JUDGED OR
  DISPLAYED.
- VOTING WILL TAKE PLACE ON OLD BRIDGE RECREATION FACEBOOK PAGE.
- WINNERS WILL BE ANNOUNCED NOVEMBER 5TH ON FACEBOOK LIVE.
- YOU CAN PICK UP YOUR PUMPKIN AFTER THE DRIVE THROUGH DISPLAY OR
  YOU CAN LEAVE FOR OLD BRIDGE TOWNSHIP TO DISPLAY.
- DO NOT PUT YOUR NAME ON YOUR PUMPKIN. YOU WILL BE GIVEN A NUMBER
  WHEN YOU DROP IT OFF.
Old Bridge Recreation Sponsoring:

Holiday Lights Contest

Coming soon!

More information to follow
Tennis Lessons

Fees: Residents Child $47.00 Adult $52.00
Non-Residents: Child $67.00 Adult $72.00
Location: Municipal Courts
Please bring your own racquet and 1 can of balls

7 - 11 Year Old Beginner
- 9:00-10:00 am Sat, 10/17 - 11/21
- 10:30- 11:30 am Sat, 10/17 - 11/21
- 6:00-7:00 pm Tue, 10/13 - 11/17
- 6:00- 7:00 pm Tue, 10/13 - 11/17
- 6:00- 7:00 pm Wed, 10/14 - 11/18
- 7:30- 8:30 pm Wed, 10/14 - 11/18

7 - 11 Year Old Intermediate
- 9:00 ~ 10:00 am Sat, 10/17 - 11/21
- 6:00 ~ 7:00 pm Wed, 10/14 - 11/18

12 Years & Up Beginner
- 10:30 -11:30 am Sat, 10/17 - 11/21
- 7:30 -8:30 pm Tue, 10/13 - 11/17

12 Years & Up Intermediate
- 7:30 ~ 8:30 pm Tue, 10/13 - 11/17
- 7:30 ~ 8:30 pm Wed, 10/14 - 11/18

Adult Beginner
- 8:30 ~ 9:30 pm Tue, 10/13 - 11/17
- 8:30 ~ 9:30 pm Wed, 10/14 - 11/18

Adult Intermediate
- 8:30 ~ 9:30 pm Tue, 10/13 - 11/17
- 8:30 ~ 9:30 pm Wed, 10/14 - 11/18

TENNIS COURTS

Our tennis court lights are on an automated system. The courts will now be available weather permitting at no cost on a first come first served basis. The lights will go on at dusk and remain lit until 10:00 pm weather permitting. Please be courteous and do not go over one hour when other people are waiting.
PickleBall Lessons

Fees: Residents Child $57.00 Adult $62.00
      Non-Residents: Child $77.00 Adult $82.00
Location: Municipal Courts

7 - 11 Year Old Beginner
5:30-6:30 pm  Monday, 10/12 - 11/16
5:30-6:30 pm  Thursday, 10/15 - 11/19
1:00 –2:00 pm  Saturday, 10/17- 11/21

12 Years & Up Beginner
5:30-6:30 pm  Monday, 10/12 - 11/16
5:00– 6:00 pm  Thursday, 10/15 - 11/19

Adult Beginner
7:00 - 8:00 pm  Monday, 10/12 - 11/16
7:00 - 8:00 pm  Monday, 10/12 - 11/16
7:00 - 8:00 pm  Thursday, 10/15 - 11/19
2:30 –3:30 pm  Saturday, 10/17- 11/21

Adult Intermediate
7:00 - 8:00 pm  Thursday, 10/15 - 11/19
2:30 –3:30 pm  Saturday, 10/17- 11/21
Children’s Dance Program

Fee: $150.00 Residents, $175.00 Non-Residents

All dance classes will begin the week of October 12th and continue through mid-April. Our annual recital will be decided on depending on the state of the current pandemic. The cost for the program includes a dance costume. Classes will be held in the civic center assembly room. Students must wear masks when entering and exiting the area. While in class they must stay socially distanced. All parents must wait in their cars during classes. Please arrive no more then 5 minutes before class begins, and exit promptly after class ends.

**Mondays:**
- Ballet/Tap Age 4  4:30 pm - 5:15 pm  Miss Kim
- Ballet/Tap Age 5&6  5:45 pm - 6:30 pm  Miss Kim
- Tap/Jazz Age 7&8  7:00 pm - 8:00 pm  Miss Kim

**Tuesdays:**
- Ballet/Tap Age 5&6  4:30 pm - 5:15 pm  Miss Marina
- Ballet/Jazz 5&6  5:45 pm - 6:30 pm  Miss Marina
- Hip Hop/ Jazz Ages 11+  7:00 pm - 8:00 pm  Miss Marina

**Wednesdays:**
- Ballet/Tap Ages 3&4  4:30 pm - 5:15 pm  Miss Colleen
- Hip Hop/Jazz Age 7&8  5:45 pm - 6:45 pm  Miss Colleen
- Hip Hop/ Jazz Ages 9-11  7:15 pm - 8:15 pm  Miss Colleen

**Thursdays:**
- Jazz/Tap 5&6  4:30 pm - 5:15 pm  Miss Kim
- Ballet/Tap 7&8  5:45 pm - 6:45 pm  Miss Kim
- Ballet/Jazz 9-11  7:15 pm - 8:15 pm  Miss Kim

**Saturdays:**
- Ballet for Ages 3&4:  9:30 am - 10:15 am  Miss Kim
- Ballet/Jazz Ages 5 & 6:  10:45 am - 11:30 am  Miss Kim
- Tap/Jazz Ages 7 & 8:  11:45 am - 12:45 pm  Miss Kim
Children’s Virtual Programs

Monday Paint Night

Fees: Residents $60.00 Non-Residents:$70.00

Monday, October 12th - November 30th  
Age 7 & 8  
4:30-5:30pm

Monday, October 12th - November 30th  
Age 9 +  
5:45-6:45pm

Does your child enjoy doing canvas paintings? This class is a spin off from our artistic beginnings class but it all canvas painting. The children will explore the world through a different painting each week! By the end of the class they will each have 8 works of art to display throughout the house! This class will be held virtually via zoom. All supplies will be provided to your child for this class. No painting experience required.

Instructor: Stacey Garcia  
Class size: 10
Code Ninjas Presents:

Beginners Coding

Tuesday’s October 13th – November 17th

4:30-5:30 or 5:45-6:45

Age 7-10 $102
Children’s Virtual Programs

Crime Scene Investigation
Fees: Residents $81.00 Non Residents $90.00
2 Sessions Available:
November 2nd-6th 7:00-8:30pm
December 26th-30th 11am-12:30pm
Please include t-shirt size of child with registration
This class is suitable for grade 6-12

7+ Hour S.T.E.M Crime Scene Class for Students

VIRTUAL CLASS
STEM principles relating to Forensics and solving Crime Scenes are explored. The presentation, labs and exercises will cover the following topics: Making a magnifying glass, taking and identifying and collect fingerprints, create & examine blood splatter patterns, identify an unknown power, chromatography, time-of-death exercises, cast footprints, and missing persons.... Current or former law enforcement Detectives will be teaching this class. For more information please scan the QR code or visit our website.

Check out all the SWAG you get when you sign up for this class @ NationalCSIcamp.org
Mindfulness Programs
Fall 2020

Wednesdays October 14–November 18th via zoom
3rd-6th Grader 5:00-5:30pm
7th-10th Graders 5:45-6:15pm

How do you teach it? Through fun and simple lessons using games, stories and activities, including: mindful breathing, listening and eating as well as lessons in gratitude, generosity and compassion.

Why do we need it? We often tell kids to calm down and pay attention, but we rarely teach them how. Mindfulness has been shown to increase focus and emotional control and decrease stress and anxiety in children.

The 6-week mindfulness class allows students to strengthen their ability to be present, learn how to respond rather than react and generate compassion for themselves and others.

The classes include stories and activities and fun and simple lessons including mindful listening, seeing, eating, gratitude and more.

Residents: $30  Non Residents: $36

Space is Limited!
ROBIN PROGRAMS

To qualify for these programs your child must be classified by the child study team.

Registration Process:
Before being able to participate in these programs you must submit a copy of your child’s IEP to the program coordinator Pete Pero ppero@olbridge.com. Any questions can be directed to Pete via email.

Therapeutic Ice Program

Ages 12 & up
October 17th– December 12th
No Program: 11/28
Saturday 8:00am– 8:45am
Special Olympics had not released if there will be any competitions at this point. But the skaters will be trained in the same manner as previous years
Location: John Piccolo Ice Arena

Virtual Friday Night Fun

Friday Nights from your couch
Meet up with your Camp Robin Friday Night Friends. Each week we will try out a different activities with the participants from the comfort of their homes. Some activities will be Zumba, yoga, art classes, Trivia games, Bingo, Social Meet ups & so much more.

This will be approximately a 6 week program. No Charge for this program. A program will be offered for both the teens and the adult programs. Please make sure to register for the proper Program at the time of registration
Registration is required!!

Resident Registration 9/15/2020 Non-Resident registration 9/22/2020
Contact Pete Pero: (732)607-7968 x 4061 or email ppero@oldbridge.com with questions.
ROBIN
PROGRAMS

To qualify for these programs your child must be classified by the child study team.

Registration Process:

Before being able to participate in these programs you must submit a copy of your child’s IEP to the program coordinator Pete Pero ppero@olbridge.com. Any questions can be directed to Pete via email.

Pickle Ball

Ages 7 & up
October 17th– November 21st

Saturday 1:00pm-1:45pm
Introductory program to Pickle Ball. Fee $45
Pickleball is a low impact paddleball sport that combines elements of tennis, badminton, and table tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball over a net.
Location: Municipal Tennis Courts

Virtual Zumba

Ages 18 & up
October 12th– November 30th

Mondays 6:30pm-7:00pm Fee: $15
this program introduces traditional yoga poses, breathing exercises and relaxation techniques to improve your overall health, flexibility and function of both body and mind. Location: R.O.B.I.N. Center
Instructors: Susan Maturo, Marie Ryan
Old Bridge John Piccolo Ice Arena  
Program Preparation Plan – COVID-2020  

ALL PUBLIC SESSIONS ARE CANCELED UNTIL FURTHER NOTICE  

This procedure is for Ice Skating Lessons  

Please Read all requirements prior to signing up  

- If you, your child or anyone in your household are experiencing any symptoms- PLEASE stay home.  
- If you, your child or anyone you have been in contact within the past 14 days has COVID please stay home.  
- Prior to any program starting the bathrooms and all public areas will be professionally cleaned and sanitized  
- **Temperature Screening:** Upon arrival to class, if you are an employee, instructor, student or parent you will be required to have your temperature taken prior to entering the building.  
  - All required parties will check in at the front door upon arrival.  
  - A designated OBP&R staff member will be present to take your temperature.  
  - An initial temperature will be taken with an infrared no touch thermometer.  
    - If the reading is less than 100.4 you will receive a stamp on your hand to show you have been screened.  
    - If the initial reading comes back with 100.4 or higher a second temperature will be taken after 5 minutes as it may higher due to activities preformed just prior to entering the building. If the reading is less than 100.4 you will have your hand stamped.  
    - If after both temperature checks have been performed and they are both over 100.4 you will be asked to exit the property until such time as your temperature is below 100.4 for 24 hours.  
- Individuals shall remain 6 feet apart whenever possible.  
  - All ice-skating classes shall be spaced far enough apart to ensure class 1 has completely exited the building prior to the arrival of class 2. **This means participants must arrive at class time, fully dressed and ready to participate no one will be permitted to arrive more than 15 minutes early.**  
  - Parents will not be permitted to stay and watch any class or remain in the building, however you must remain diligent and pick up your child at the end of class time and not any later.  
  - Parents with small children or children who do not know how to skate will be permitted into the building to put your child’s skates on, however you must immediately leave once your child is safely on the ice.  
  - Everyone must arrive wearing a mask, depending on the class you may be required to wear the mask the entire time you are in program, for example children who cannot skate will need some assistance so they must wear a mask during class, as social distance will not always be possible. Children who are proficient skaters are not required to wear a mask while participating in class **but MUST REMAIN SOCALLY DISTANCED AT ALL TIMES,** from everyone including your instructor.  
  - Everyone must always remain socially distanced.  
  - There will be no sharing of drinks, everyone must bring their own water and drinks.  
  - Equipment should not be shared; all students should use their own equipment.  
  - Township will post signage around the building reminding parents, children and staff of social distancing requirements.  
  - Additional sanitizer stations will be set up throughout the building.  
  - Bathrooms, tables, countertops, equipment and any other high touch areas will frequently be sanitized.  
  - There is to be no handshakes, or any other close-contact activities.
Fall Ice Skating Lessons

ICE LESSON FEES:

CHILDREN: $82 Residents/$100 Non-residents

ADULTS: $92 Residents/$116 Non-residents

US Figure Skating Membership is required for all classes at a cost of $16.00. This can be purchased on-line through the Old Bridge Parks and Recreation web site.

A one time 15 minute starter lesson is required for anyone who has not skated in our programs before. The cost is $11.00.

Admission fee and skate rental not included.

(All starter lessons must be accompanied by a group lesson)

Please go to the starter lesson section to register for one of the following days:

Monday October 5th: from 4:30 pm to 5:30pm;

Thursday October 8th: from 4:30 to 5:30pm &

Saturday October 10th: 10:00am-12:00pm

If you have any questions or need assistance please email recreation@oldbridge.com or call 732-721-5600 x 4999

Registration Begins:

September 22nd 6pm
# Fall Ice Skating Lessons

## MONDAY

October 12th ~ November 30th

<table>
<thead>
<tr>
<th>TIME</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 pm</td>
<td>Snow Plow Sam 3 (4 years old)</td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Snow Plow Sam 4 (Ages 5 &amp; 6)</td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Snow Plow Sam 1 &amp; 2 (Age 4)</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Basic 1 &amp; 2 (Ages 7 - 10)</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Pre-Free Skate (All ages)</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Basic 1 &amp; 2 (Ages 9 and up)</td>
</tr>
</tbody>
</table>

## THURSDAY

October 15th ~ December 10th

<table>
<thead>
<tr>
<th>TIME</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 pm</td>
<td>Snow Plow Sam 1&amp;2 (Ages 4)</td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Basic 1 &amp; 2 (Ages 7 &amp; 10)</td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Basic 5 &amp; 6 (All ages)</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Basic 1 &amp; 2 (Ages 7 - 10)</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Basic 3 &amp; 4 (All ages)</td>
</tr>
</tbody>
</table>

**No Class 11/26**

## FRIDAY

October 16th ~ December 11th

<table>
<thead>
<tr>
<th>TIME</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 pm</td>
<td>Free Skate 1 &amp; 2 (All ages)</td>
</tr>
<tr>
<td>4:30 pm</td>
<td>Free Skate 3 &amp; 4 (All ages)</td>
</tr>
<tr>
<td>4:30 pm</td>
<td>Free Skate 5 &amp; 6 (All ages)</td>
</tr>
</tbody>
</table>

**No Class 11/27**

## SATURDAY

October 17th ~ December 12th

<table>
<thead>
<tr>
<th>TIME</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 am</td>
<td>Snow Plow Sam 4 (Ages 5&amp;6)</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Basic 3 &amp; 4 (All ages)</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Adult (Ages 18 &amp; up)</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Snow Plow Sam 1 &amp;2 (age 4)</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Snow Plow Sam 3 (age 4)</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Basic 5 &amp; 6 (All ages)</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Pre Free Skate</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Basic 1 &amp; 2 (Ages 9 and up)</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Basic 1 &amp;2 (Ages 7 - 10)</td>
</tr>
</tbody>
</table>

**No Class 11/28**

Registration Begins:

September 22\textsuperscript{nd} 6pm
FALL FRIDAY EVENING PROGRAMS

No Rink Admission for these classes on Friday
October 16th ~ December 11th
No Class: Friday November 27, 2020

Spins & Jumps for Free Skate 2 & up 5:30 pm - 6:15 pm
A class to develop smooth skating style, stamina & agility.
Fee - Res. $57/ Non-Res. $62

Spins & Jumps for basic 1 - 8 & Free Skate 1 5:30 pm - 6:15 pm
A class to develop smooth skating style, stamina and agility.
Fee - Res $57/ Non-Res. $62

Skate Rental is not available for Friday evening program classes
please bring your own skates.

All Private Lessons Must be booked through our website.
No walk ins will be available!

ICE LESSON FEES:

CHILDREN: $82 Residents/$100 Non-residents

ADULTS: $92 Residents/$116 Non-residents

US Figure Skating Membership is required for all classes at a cost of $16.00.
This can be purchased on-line through the Old Bridge Parks and Recreation

Registration Begins:
September 22nd 6pm
Snowplow Sam – Discover, Learn and Play

The Snowplow Sam levels are introductory classes divided into four progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating. These classes are designed to help children six and younger develop the ABCs of movement – Agility, Balance, Coordination and speed. The ABCs are essential for developing fundamental movement skills and physical literacy. All classes will be taught in a safe and positive environment, incorporating fun and games making class time an enjoyable experience for all.

Off-ice orientation prior to the first skating class:

Equipment check – Proper fit and location of skates, appropriate attire, and safety helmets.

Practice falling and recovery, marching in place, dips and one-foot balances.

Snowplow Sam 1

A. Sit and stand up with skates on – off ice
B. Sit and stand up – on ice
C. March in place
D. March forward (8-10 steps)
E. March, then glide on two feet
F. Dip in place

Snowplow Sam 2

A. March followed by a long glide
B. Dip while moving
C. Backward walking, toes turned inward, shifting weight (4-6 steps)
D. Backward wiggles (6 in a row)
E. Forward swizzles (2-3 in a row)
F. Beginning snowplow stop motion – in place or holding onto barrier
G. Two-foot hop, in place (optional)

Snowplow Sam 3

A. Forward skating (8-10 strides)
B. Forward one-foot glide, two times skater’s height (R and L)
C. Forward swizzles (4-6 in a row)
D. Backward swizzles (2-3 in a row)
E. Moving forward snowplow stop (two-foot)
F. Curves

Snowplow Sam 4

A. Forward skating
B. Backward two-foot glide, length of skater’s height
C. Backward swizzles (4-6 in a row)
D. Rocking horse – one forward, one backward swizzle, repeat twice
E. Two-foot turns from forward to backward, in place (both directions)
F. Two-foot hop, in place

Based on the age and ability of the child after completion of Snowplow Sam 3, they can successfully advance to Basic 2 or Hockey 2, or progress to Snowplow Sam 4.
### Basic Skills – FUNdamentals

Basic Skills teaches the FUNdamentals of ice skating and provides the best foundation for figure skating, hockey, and speed skating. Six progressive levels introduce forward and backward skating, stops, edges, crossovers, and turns. Upon completion of the Basic Skills 1-6 levels, skaters will be able to confidently advance to more specialized areas of skating. All classes will be well-structured with the focus on proper skill development taught in a positive, FUN, and social environment. Skaters will progress at their own rate and advance after skill mastery is demonstrated.

Discover, Learn and Play – Basic 1 and 2: These introductory levels allow new skaters with no prior skating experience to build confidence while learning to skate.

FUNdamentals – Basic 3-6: These levels develop all of the fundamental skating skills on the ice. Focus is on learning the ABCs of basic athleticism: agility, balance, coordination and speed. Upon completion of these levels, skaters will be able to confidently advance to more specialized areas of skating.

**Off-ice orientation:**
- Equipment check: proper fit and lacing of skates, appropriate attire, safety helmets
- Practice falling and recovery, marching in place, dips and one-foot balances in skates

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#### Basic 1

| A. Sit on ice and stand up |
| B. March forward across the ice |
| C. Forward two-foot glide |
| D. Dip |
| E. Forward swizzles — 6-8 in a row |
| F. Backward wiggles — 6-8 in a row |
| G. Beginning snowplow stop on two feet or one foot |

*Bonus skill: Two-foot hop in place*

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#### Basic 2

| A. Scooter pushes — R and L |
| B. Forward one-foot glides — R and L |
| C. Backward two-foot glide — Glide the length of skater’s height |
| D. Rocking Horse (one forward swizzle, one backward swizzle) — Repeat twice |
| E. Backward swizzles — 6-8 in a row |
| F. Two-foot turns from forward to backward in place — clockwise and counterclockwise |
| G. Moving snowplow stop |

*Bonus skill: Curves*

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#### Basic 3

| A. Beginning forward stroking showing correct use of blade |
| B. Forward half swizzle pumps on a circle — 6-8 consecutive clockwise and counterclockwise |
| C. Moving forward to backward two-foot turns on a circle — clockwise and counterclockwise |
| D. Beginning backward one-foot glides — focus on balance |
| E. Backward snowplow stop — R and L |
| F. Forward slalom |

*Bonus skill: Forward pivots - clockwise and counterclockwise*

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#### Basic 4

| A. Forward outside edge on a circle — R and L |
| B. Forward inside edge on a circle — R and L |
| C. Forward crossovers — clockwise and counterclockwise |
| D. Backward half swizzle pumps on a circle — clockwise and counterclockwise |
| E. Backward one-foot glides — R and L |
| F. Beginning two-foot spin — Up to two revolutions |

*Bonus skill: Forward lunges — both legs*

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#### Basic 5

| A. Backward outside edge on a circle — R and L |
| B. Backward inside edge on a circle — R and L |
| C. Backward crossovers — clockwise and counterclockwise |
| D. Forward outside three-turn — R and L |
| E. Advanced two-foot spin — 4-6 |
| G. Hockey stop — both directions |

*Bonus skill: Side toe hop — R and L*

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#### Basic 6

| A. Forward inside three-turn — R and L |
| B. Moving backward to forward two-foot turn on a circle — clockwise and counterclockwise |
| C. Backward stroking |
| D. Beginning one-foot spin — 2-4 revolutions, optional free leg position and entry |
| E. T-stops — R and L |
| F. Bunny hop |
| G. Forward spiral on a straight line — R or L |

*Bonus skill: Shoot the duck — R or L*

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*To provide a fun and positive experience that will instill a lifelong love of skating.*
Free Skate

Each free skate level is comprised of a variety of progressive skating skills, transitions, spins and jumps — all of which build on the previous skill, providing skaters a strong foundation of all elements. These levels will be taught in a positive and interactive group format such as a bridge program, circuit classes or as an introductory training program. Instructors will focus on quality and mastery of skills.

Pre-Free Skate (combination of Basic 7 and 8)

Skating Skills:
- A. Forward power stroking, clockwise and counterclockwise
- B. Basic forward outside and forward inside consecutive edges (four to six consecutive edges)
- C. Backward outside three-turns (R and L)

Jumps:
- E. Half loop
- F. Salchow
- Bonus Skill: Variation of a forward spiral, skater’s choice

Free Skate 1

Skating Skills:
- A. Forward outside edge glides (landing position), clockwise and counterclockwise
- C. Backward outside edge glides (landing position), clockwise and counterclockwise

Jumps:
- E. Half loop
- F. Salchow
- Bonus Skill: Backward inside pivot, clockwise and counterclockwise

Free Skate 2

Skating Skills:
- A. Alternating forward inside and outside edges

Jumps:
- E. Half Lutz
- F. Salchow
- Bonus Skill: Variation of a forward spiral, skater’s choice

Free Skate 3

Skating Skills:
- A. Alternating backward crossovers to back outside edges
- B. Alternating mohawk/crossover sequence (R to L and L to R)
- C. Waltz three-turns (forward outside three turns, backward outside edge glides, clockwise and counterclockwise)

Spin:
- D. Advanced back spin with free foot in crossed leg position (minimum three revolutions)

Jumps:
- E. Loop jump
- F. Waltz jump-toe loop or Salchow-toe loop combination
- Bonus Skill: Step sequence, skater’s choice, using a variety of toe steps

Free Skate 4

Skating Skills:
- A. Forward power three-turns (R and L), 3 sets each
- B. Waltz eight, clockwise and counterclockwise

Spin:
- D. Sit spin (minimum three revolutions)

Jumps:
- E. Half loop
- F. Salchow
- Bonus Skill: Split jump, stag jump or split flying leaf

Free Skate 5

Skating Skills:
- A. Backward outside three-turns, mohawk (back outside edge three-turns), clockwise and counterclockwise
- B. Five-step mohawk sequence, clockwise and counterclockwise

Spin:
- C. Camel spin (minimum three revolutions)

Jumps:
- D. Waltz jump-toe loop combination
- E. Lutz jump
- Bonus Skill: Loop-toe combination

Free Skate 6

Skating Skills:
- A. Forward power pull (R and L)
- B. Creative step sequence, skater’s choice, using a variety of three-turns, mohawks and toe steps

Spin:
- C. Camel sit spin combination (minimum two revolutions each position)
- D. Layback or attitude spin or cross-foot spin (three revolutions)

Jumps:
- E. Waltz jump-half loop-Salchow jump sequence
- F. Axel
- Bonus Skill: Backward outside pivot, entry optional

Note: The Skating School has the authority to add classes to continue skater development under the umbrella of Learn to Skate USA beyond Free Skate 6. Sample lesson plans and programming ideas are available in the Skating School Administrative Tool.
Ice Dance

The ice dance badge program focuses on the components of ice dancing and reviews the basic edges and turns while skating to music. Skaters will learn the first six dance patterns in the U.S. Figure Skating test structure. Dances may be skated solo or with a partner.

Ice Dance 1
A. Forward consecutive outside swing rolls to a count of six
B. Alternating forward progressives in sequence to a count of six
C. Description and demonstration of Kilian hold
D. Corner steps on Dutch Waltz (LFO/RFO – three beats each)
E. Skate Dutch Waltz pattern with music

Ice Dance 2
A. Continuous forward progressive – chasse, clockwise and counterclockwise
B. Forward slide chasses to a count of four, on a circle, clockwise and counterclockwise (minimum of four slide chasses)
C. Consecutive forward swing rolls to a count of four
D. Forward outside cross rolls and cross strokes
E. Description and demonstration of the reverse Kilian position
F. Skate Canasta Tango pattern with music

Ice Dance 3
A. Continuous promenade progressives on a circle to a count of four
B. Consecutive inside swing rolls to a count of four
C. Skate the lift action from step five of the Rhythm Blues pattern
D. Cross behind steps on end pattern of the Rhythm Blues (note: optional steps)
E. Skate Rhythm Blues pattern with music

Ice Dance 4
A. Consecutive inside chasse with wide step sequence
B. Four-beat edge with double knee bend and leg expression in step six from Cha Cha pattern
C. Slalom motion, with close feet and lifting knee action
D. End pattern of Cha Cha step sequences with crosses, showing edge quality (note: optional steps)
E. Skate Cha Cha pattern with music

Ice Dance 5
A. Forward consecutive outside swing rolls to a count of four
B. Forward inside open mohawk
C. Backward consecutive outside swing rolls to a count of four
D. Backward chasse
E. Demonstrate waltz position (closed position) and hand-in-hand position for partners. Demonstrate moving to and from waltz position and hand-in-hand position with partner
F. Skate Swing Dance pattern with music

Ice Dance 6
A. Swing roll with change of edge in relation to an axis – Proper counting: four beat forward outside edge, two beat forward inside edge
B. Inside mohawk with closed free foot position on exit
C. Cross behind inside chasse
D. Rounded end pattern step sequence in steps 10-16 of the Fiesta Tango pattern
E. Consecutive alternating outside edges
F. Demonstrate moving from the Kilian position to reverse Kilian position
G. Skate Fiesta Tango pattern with music
Artistry in Motion (AIM)

The Artistry in Motion (AIM) program introduces skaters to the basic principles and philosophy of choreography, presentation and performance. The badge program provides a foundation in basic body alignment, movement and line. Using this program will contribute to the training of the complete figure skater. Artistry in Motion praises the creative mind of every skater.

Requirements:
• Instructors must choose appropriate selections of music from the suggested list for each level
• As a resource, the Skate Coach App Series shows videos of each skill below and sample lesson plans are available for instructors

Artistry 1
A. Introduction to basic dance movement and terminology
B. Introduction to tempo, rhythm and music
C. Facial expression
D. Introduction to body awareness and body levels
E. Basic program construction

Artistry 2
A. Introduction to classical music
B. Torso and back placement
C. Port de bras
D. Classical dance movements
E. Skater’s choreography

Artistry 3
A. Introduction to jazz
B. Introduction to contemporary music
C. Connecting movements: Ina Bauer’s, spread eagles, spirals, knee slides and body slides
D. Footwork with body levels
E. Spiral sequences
F. Interpretation to music

Artistry 4
A. Presentation and style
B. Spins
C. Body levels in a structured sequence
D. Short program, choreographed by the skater, 15 minutes long with costumes, props (if needed) and music chosen by the skater.

To provide a fun and positive experience that will instill a lifelong love of skating.
Adult – Beginner to Advanced

The Adult curriculum is designed for both beginning and experienced adult skaters who wish to improve their skating skills. Participation in the program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques. This is an exciting program for people who look to skating as an enjoyable part of a fit and healthy lifestyle.

Divided into six levels from basic skating to more advanced skills, adult skaters will progress at an individual rate while being challenged and motivated. Based on prior skating experience, adults may choose to begin at the level that best matches their skill base.

Off-ice orientation:
- Equipment check: proper fit and lacing of skates, appropriate attire, safety concerns
- Practice falling and recovery, walking in place, knee bends and one-foot balances in skate

Adult 1
A. Falling and recovery; on ice
B. Forward marching
C. Forward two-foot glide
D. Forward swizzles (4-6 in a row)
E. One forward swizzle/one backward swizzle (rocking horse)
F. Dip
G. Forward snowplow stop – two feet or one foot

Adult 2
A. Forward skating across the width of the ice
B. Forward one-foot glides, R and L
C. Forward slalom
D. Backward skating
E. Backward swizzles (4-6 in a row)
F. Two-foot turns in place

Adult 3
A. Forward stroking using the blade properly (begin with repetitive one-foot pushes)
B. Forward half-swizzle pumps on the circle; 6 to 8 in a row, clockwise and counterclockwise
C. Moving forward to backward and backward to forward two-foot turn on a circle, clockwise and counterclockwise
D. Backward skating into a long two-foot glide
E. Forward chasses on a circle, clockwise and counterclockwise
F. Backward snowplow stop, R and L

Adult 4
A. Forward outside edge on a circle, R and L
B. Forward inside edge on a circle, R and L
C. Forward crossovers, clockwise and counterclockwise
D. Backward one-foot glides, R and L
E. Backward half-swizzle pumps on a circle, clockwise and counterclockwise
F. Hockey stop, both directions

Adult 5
A. Backward outside edge on a circle, R and L
B. Backward inside edge on a circle, R and L
C. Backward crossovers, clockwise and counterclockwise
D. Forward outside three-turn, R and L
E. Forward swing rolls to a count of six
G. Beginning two-foot spin

Adult 6
A. Forward stroking with crossover end patterns
B. Backward stroking with crossover end patterns
C. Forward inside three-turn, R and L
D. Forward outside to inside change of edge on a line, R and L
E. T-stop, R or L
F. Lunge
G. Two-foot spin into one-foot spin

Upon completion of the Adult 1-6 curriculum, adult skaters should feel confidence with all fundamental skating skills and may choose to progress to more specialized areas of skating such as free skating, ice dancing, adult hockey leagues, or joining a synchronized skating team.

To provide a fun and positive experience that will instill a lifelong love of skating.